



ECHS XC Schedule 2022



El Capitan High School
100 Farmland Ave
Merced, CA 95344

Important Dates:

1st Day of School August 10th

1st Day of XC practice for 2022 season August 15th

<u>Date:</u>	<u>Events/Practices</u>		<u>Depart</u>	<u>Return</u>	<u>Start:</u>	<u>Location:</u>
Tuesday, August 30, 2022	Yosemite Run	3 Vans	6:30	3:00/4:00		Folsom Lake
Wednesday Sept. 14, 2022	CCC Center Meet #1 Patterson Host	Bus	7:00	2:00	10:00 AM	Patterson
Wednesday, Sept. 28, 2022	San Francisco Run	3 Vans	7:00	6:00		San Francisco
Wednesday, Oct. 6, 2022	CCC Center Meet #2 GVHS Host	Bus	9:00	2:00	10:00 AM	Golden Valley High
Saturday, Oct. 15, 2022	Lake Yosemite	NA				Lake Yosemite
<u>Wednesday Oct. 26, 2022</u>	CCC Center Meet #3 Atwater Host	Bus	9:00	2:00	10:00 AM	Atwater
<u>Sat. Nov. 5</u>	Sac-Joaquin Subsections	2 Vans	6:00	4:00	TBA	Angels Camp Calaveras

*Schedule can be subject to change.

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Athletic Director Rodd Parker	209-384-5563	jssmith@muhsd.org		Head Coach Jazmin (Girls)	209-384-5565	jduran1@muhsd.org
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